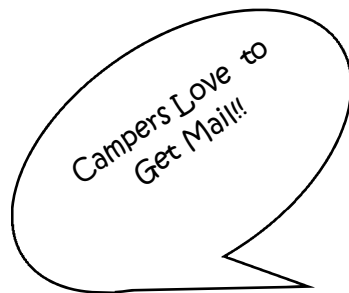


# Homesickness

1. Talk to your daughter about going away to camp. Find out what she is looking forward to and what she may have concerns about.
2. Fill out the camp questionnaire so that counselors will know parent and camper concerns.
3. Explain that there is a phone at camp, but for emergency use ONLY! If you have an emergency, contact the council office at 456-4782.
4. If you are worried that your daughter may want to come home during the week and you don't want her to have to "tough it out" please inform the camp director that she is allowed to call and at what hours. Camp payment will not be refunded for girls who go home early due to "Homesickness."
5. **Mail** (*All girls love to get mail at camp!*)
  - a. Make sure your mail is positive in nature. Avoid depressing news while your daughter is at camp.
  - b. Stay away from writing things like: "I do not know how we can live without you." "The dog misses you so much that he won't eat." These tend to spur homesickness.
  - c. Try writing letters a week before and mail them before camp.
  - d. Prepare letters and put them in her luggage with the day of the week to open it or give them to the Camp Director to distribute.
  - e. Parents, friends, and relatives are encouraged to stop by our camp letter station before leaving camp.
  - f. Mail is very important while at camp, please send a least one note of letter, it doesn't have to be mailed, you can leave it with the camp director too!



Camp Address:

Campers Name  
C/O Lost Lake/ Girl Scout Camp  
Mile 58.5 Richardson Hwy  
HCR 10  
Fairbanks, AK 99701

\*remember mail takes a few days,  
sending early is best, we will hold it  
till your daughter arrives!